

The Power of the Past : Transformational Replay - Stateof-the-art Hypnotic Regression Therapy Drake Eastburn



A crippling fear of flying... a dissociation so complete that normal emotional function shuts down... a daughter long separated from her mother and grieving... inexplicable weight gain and painful anxiety... all these issues and more successfully resolved through the powerful experience of Transformational Replay. in this amazing book, Board Certified Hypnotherapist Drake Eastburn draws upon his many years of practice to examine and illuminate the process of age regression and its enormously valuable place in hypnosis. This book will help you understand the deep, underlying origins of phobias the sources of drepression and unhappiness the events - often long forgotten in childhood - which form the pattern of our lives today. And it will offer invaluable techniques for accessing that information and using it to provide almost instantaneous relief from symptoms of distress at the conscious level. Drake Eastburn knows the subconscious mind, and, like a seasoned traveler in familiar territory, he guides his readers on dynamic journeys of understanding, exploring the pathways of thought and emotion. Accompany him on these sojourns and you will access an inexhaustible resource of healing: The Power of the Past.

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