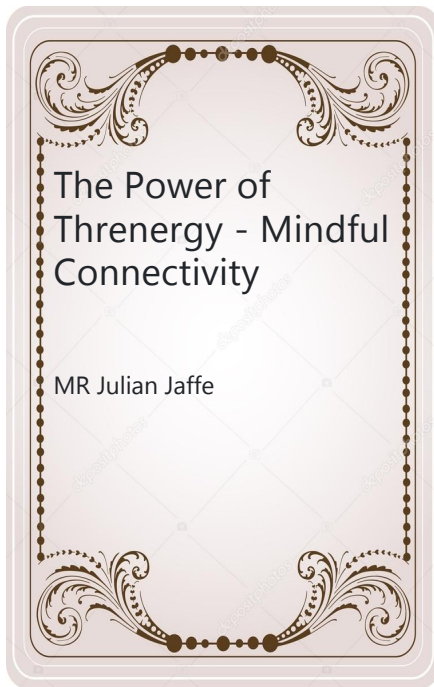


# The Power of Threnergy - Mindful Connectivity

MR Julian Jaffe



Mindful Connectivity shows you how to understand and feel your body structure, and how to connect this with your mind and breathing. It helps you to create not only a powerful state of Mindfulness, but also whole body, connected power. [www.threnergy.com](http://www.threnergy.com) manuscript reviews: <http://www.threnergy.com/posted-reviews>

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