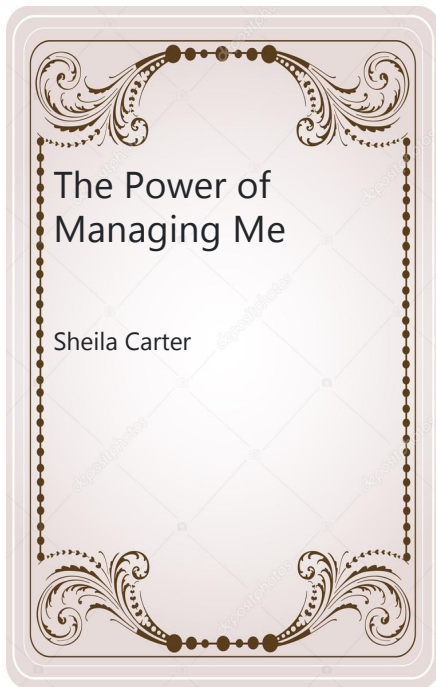


The Power of Managing Me

Sheila Carter



Instead of life just happening to us, we should determine how we want our life to speak to the world. Do you feel as if life is just happening to you? Are you caving in under the weight of monotony and obligation? Throughout the pages of, *The Power of Managing Me*, Sheila Carter ushers you to the end of the vicious cycle of living and reacting to life circumstances. Be prepared to be inspired, comforted, encouraged, challenged, and healed as you step into Sheilas mental classroom to glean from the life lessons and testimonies of her patient teachers. Author, Sheila Carter unveils the strategy within the REVIVED process a process which she developed and utilized at a time in her own life when she found herself shattered and picking up the broken pieces. *The Power of Managing Me* will equip you to develop the faith, courage, and confidence to do what matters most to you in life.

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