



# The Power of Curiosity : How to Have Real Conversations That Create Collaboration, Innovation and Understanding

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As leaders or parents (or both), navigating difficult conversations is part of our job description. How do we keep calm and achieve a productive outcome, all while keeping our relationships intact? The secret is curiosity. It is the innovation-driving, emotion-calming skill that comes so naturally to us as kids, but gets buried so easily beneath our busy, multitasking lifestyles. The good news is that we just have to relearn what we already know! In *The Power of Curiosity*, mother-daughter executive coaching team Kathy Taberner and Kirsten Taberner-Siggins introduce the Curiosity Skills and a full, step-by-step process to use anytime, even when potentially challenging conversations arise. In *The Power of Curiosity* you will learn: How to be fully present in every conversation, even when distractions abound. The five listening choices you always have available, whether at home, work, or school. Specific calming strategies to access when negative emotions run high. A step-by-step process to transform potential conflict into relationship-building opportunities.

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