



Practical & Balanced Living : A Nurse` Point-of-view on Health, Faith and Family

Joanne Wolfe



Joanne has been a registered nurse for almost twenty years with a holistic background. This book is primarily focused on the holistic approach to body, soul and spiritual healing. Learn how important is to keep your gut clean through detoxification of metals and mercury eliminating root canals colon hydrotherapy cleansing food intolerances, emotional healing, not removing your tonsils, keeping your thyroid healthy, parenting, marriage and the importance of prayer and family. She shows us through a transparent look at her own life and shares many situations that she went through. This is an easy read and will hopefully enhance your quality of life.

- [Powerdown : A Schools` Climate Change Toolkit - Secondary](#)
- [The Power of the Smile : Humour in Spanish Culture](#)
- [Power Systems and Renewable Energy : Design, Operation, and Systems Analysis](#)
- [Power Knowledge and Geography : An Introduction to Geographic Thought and Practice](#)
- [Power in Flight](#)
- [The Power of N](#)
- [Practical Drug Therapy](#)
- [Poverty Alleviation, Institutional Development and Needs Assessment](#)