



Power vs. Paralyzation

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For a long time we have recognised that the apparently unstoppable climate changes and disturbances of nature, the intensification in the rift between rich and poor, as well as the increasing unrest and migrant streams are indicative of a global state of emergency. Furthermore, the new risks to our health, for example due to multi-resistant microorganisms, allergies or cancer, are causing us concern. What can I still eat, whom can I still trust, and where will it all end? In the face of these problems many of us are overwhelmed by feelings of helplessness and powerlessness. How could we even find ourselves in such a situation? How can we overcome the paralysis, indifference and resignation? Every individual has the power to change something, because the economy and politics are dependent on mankind and not vice versa. An exciting analysis of the psychological and social backgrounds allows us to better understand the situation and introduces us to the concrete steps that each of us can take to free ourselves of this feeling of powerlessness.

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