



# Power vs. Force : The Hidden Determinants of Human Behavior

David R. Hawkins



Building on the accumulated wisdom of applied kinesiology (diagnostic muscle-testing to determine the causes of allergies and ailments) and behavioral kinesiology (muscle-testing to determine emotional responses to stimuli), David R. Hawkins, M.D. has taken muscle-testing to the next level, in an effort to determine what makes people and systems strong, healthy, effective, and spiritually sound.

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