



Power Stones

Sandra Cox



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STONES**
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Our love affair with stones and crystals is deep and long abiding. We lust for them, we use them daily in our lives and often we turn to them for guidance and surcease. Crystals have been used through the ages for all facets of life. In olden times, Britons wore agates to protect their skin. Frogs carved from amber were worn by the ancients for fertility. During the renaissance an amethyst was commonly engraved with a bear and worn as a protective amulet. Bloodstone was used in the distant past by Egyptians to break bonds and crumble stone walls. They used carnelian to dissipate hatred and ground malachite for eye shadow. Rubies were known as carbuncles in former times and were deemed the perfect gift for Buddha. Ground turquoise was used by the Navajo in sand paintings to attract rain. The list goes on. This book is geared toward today's busy lifestyle. It's not about teaching magic, though it deals with the magic in stones. It is about what piece of jewelry you may want to wear on that special date. Or what smooth stone you may want to slip in your pocket to help you relax when you wrap your fingers around its smooth surface. Maybe you are dealing with a lot of negativity in your life and want a cheery little sunstone close at hand. Power Stones is designed to help you decide what crystals are best suited for your personal needs and lifestyle.

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